SHOW OF MILITARY MIGHT IN ARCTIC, PG 5

Relating pg 8

Green-eyed monster and Facebook face off

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Stamps add 5,000 seats for Labour Day game

CFL If you thought your chances of getting Labour Day tickets for the Stamps' CFL game were all but done, you might still be in luck.

The football club said yesterday that with the addition of 5,000 seats at the north end of McMahon Stadium in preparation for this year's Grey Cup game, they have decided to open up those seats to prospective fans.

The capacity for the Labour Day game will be among the highest ever, with over 40,000 seats available.

Fans should check with Ticketmaster for seating availability. **METRO CALGARY**

ROBIN KUNISKI/FOR METRO CALGARY

Hundreds of people were lined up outside the doors of the CrossIron Mills mall — some arriving in the wee hours of the morning — as new complex officially opened to the public yesterday.

Mega mall opens

Lineups abound as shoppers flock to CrossIron Mills

AMY GREGSON
for Metro Calgary

The eagerly awaited mega mall CrossIron Mills opened yesterday to massive crowds as shoppers filed in to the $500-million complex for the opening of 200 stores.

With 55 per cent of the stores being outlets, John Scott, vice-president of development for Ivanhoe Cambridge, said that CrossIron Mills is not just another shopping centre.

"CrossIron Mills is a very unique product. It's a combination of a lot of other attributes of other retail venues," said Scott.

> "We had a good crowd for the opening. We got lineups at the entrances to get in and at a lot of the stores."
> James Moller, general manager

Parts of the original plan, such as a horse track and casino, have not come to fruition, but Scott said the draw to the mall is still substantial and they are pleased to be open and operating.

Grand-opening ceremonies were held in the food court and attended by Kelly Hrudey from Hockey Night in Canada and Olympian skeleton bronze medallist Mellisa Hollingsworth, who accepted a $10,000 check for Canadian Sport Centre Calgary.

Shoppers then assisted in counting down for stores with the help of the giant LED screen.

"We had a good crowd for the opening," said James Moller, general manager of CrossIron Mills. "We got lineups at the entrances to get in and at a lot of the stores."

Some stores with lineups included Forever 21, with its largest location in Alberta, and Aldo Accessories.

Traffic to the mall, previously thought to be a problem, was relatively smooth sailing for those who made the trek north early, as management had a parking plan in place.

Moller said they had 50 individuals outside making sure that roadways were clear and directing traffic so people knew where they were going. RCMP also assisted.

Celebrations will continue this week with appearances by the Bachelorette Jillian Harris tomorrow and Henry Burris and the Grey Cup on Sunday.

Police on hunt for bank robbers

AMY GREGSON
for Metro Calgary

CRIME Calgary police are seeking public assistance for information regarding six unsolved bank robberies in the city.

The six offences were committed between Feb. 7 and Aug. 12. Five of them occurred at TD Canada Trust outlets, with the sixth at First Calgary Savings and Credit Union.

Det. Stu Keown said it is hard to speculate why TD Canada Trust locations are being targeted.

"The obvious answer is that TD Canada Trust is open a lot later than some of the other banks," he said. "Sheer access makes it easier to rob."

Police believe none of the robberies or individuals are connected, but they do have similarities to each other. Five of the six thefts were committed by "note-passing bank robbers," said Keown.

"Even though the robberies themselves are non-violent, you never know what you are going to get," he said.

However, Keown added there is reason to believe the fourth suspect, responsible for the robbery of the TD Canada Trust in the 1600 block of 14 Avenue NW on June 29, may be the same person who robbed the Brentwood Road TD bank on May 1, 2008.

Food pg 16

Ideal cobbler for summer

Celebrity Buzz pg 22

Rob declares himself single

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WIND

Dance show featuring SYTYCD choreographers in city in September

Coastal Dance Rage, a touring dance convention featuring choreographers from So You Think You Can Dance, will include a Calgary tour stop in its latest national tour. They will be in Calgary on Sept. 12 and 13. **METRO CALGARY**

Local

McGraw to take stage for BVJ ticket holders

Panhandle Productions organizers are hoping to bring light to the tragedy of Aug. 1's Big Valley Jamboree. Country superstar Tim McGraw and guest will take the stage at Rexall Place on Sept. 17 at a free concert for BVJ ticket holders. Those with three-day or Sunday passes can claim tickets to the upcoming show through Ticketmaster, Panhandle Productions, Centrium Place box office in Red Deer or the Saddledome box office in Calgary starting Aug. 27. **METRO CALGARY**

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News in brief

ABORIGINAL Outspoken Osoyoos Indian Band leader Chief Clarence Louie will be in Calgary today for the 2009 GlobalFest Human Rights Forum at the Glenbow Museum. Louie, a strong proponent of economic development on band reserves, has in the past been criticized for his view that poverty-stricken Aboriginal bands can solve problems if they "work harder." Louie will speak today from 11:30 a.m. to 2 p.m.

REMAINS Banff Mounties are trying to identify human remains discovered by a group of hikers two weeks ago. The bones, believed to be human, were found near a path on Sulphur Mountain in the Banff townsite. An investigation revealed more bones scattered over a wide area. Investigators are working with the Calgary medical examiner's office to determine the individual's identity, as well as cause of death.

WANTED Police believe former Calgary realtor Ryan Jenkins, wanted for questioning in the death of a former swimsuit model in California, may be headed back to Canada. TMZ website said Tuesday that Jenkins' publicist said his client is speaking to his attorney and would co-operate with police.

METRO CALGARY

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Mall art a hit with shoppers

CrossIron Mills impresses curious with Alberta themes, design

AMY GREGSON
for Metro Calgary

Emily Dougan and Amanda Seibel got to CrossIron Mills at 6 a.m. for the grand opening yesterday to get free swag as doors opened.

Both girls received free T-shirts from Banana Republic along with a free reusable bag, given to shoppers at entrances, with deals and coupons inside that can be used throughout the week and coming months.

"We thought it'd be really exciting to come on opening day. They've been billing it for a really long time and we really wanted to see it," said Seibel.

Dougan was impressed that the theme and decoration throughout the mall focus on Alberta.

It takes 2.7 kilometres to walk a full circle at CrossIron Mills as it weaves through five different neighbourhoods: Fashion, ranch, resources, fossil and sport, with corresponding stores and architectural features. The features include life-size figures of a caveman frozen in ice, a lit fire and cowboys hanging from the ceiling.

"We want to make this a really dynamic and exciting experience for the consumer as they walk around," said John Scott, vice-president of development for Ivanhoe Cambridge.

Chad Morgan was impressed by the design and artwork, and the variety of stores the mall offered, such as a specialty tea store.

"It's a nice change from the Calgary malls where they are all the same with a Chapters, RW&Co., etc."

ROBIN KUNISKI/FOR MEETRO CALGARY

Tara De Marzo, from Godiva Chocolatier, makes some chocolate delights in the shop window while passersby watch during the grand opening of the new CrossIron Mills mall yesterday.

Counterfeit pass scheme has college on alert

Officials at Calgary's Mount Royal College have had their eyes peeled for counterfeit parking passes on campus since they uncovered a scheme to create fraudulent passes on an online message board.

An online driving-in-Calgary forum was used to solicit images of Mount Royal parking passes from permit holders in order to make copies, since the college's 2,300 official permits sold out in early July.

"It's a situation that's not unique to either ourselves or any other campus," says Mount Royal media relations officer Fred Cheney, admitting that this is not the first year campus officials have uncovered schemes to create counterfeit parking permits.

Any students caught using fraudulent parking permits on campus will be reprimanded on non-academic misconduct charges he says, adding that counterfeit passes are easy to identify as official permits have several security measures in place to ensure validity.

The college is planning to build a new parkade that would ease their current parking problem by accommodating another 1,200 vehicles, but construction won't be completed for two years.

ALYSSA JULIE/ FOR METRO CALGARY

City seeks public input on taxi, limo industry

COMMITTEE The Taxi and Limousine Advisory Committee is asking for Calgarians' input on the current state of the taxi and limo industry in the city, and is inviting them to take part in a survey on the City of Calgary website.

"We want to know (Calgarians') views based upon their personal experience with the taxi and limousine industry so we can better address them through recommended changes to city council," said Stephanie Ho Lem, chair of the Taxi Limousine Advisory Committee.

As part of the process for gathering public input the Committee will also be holding a public meeting on Sept. 10, 4 to 7 p.m. at the John Dutton Theatre, W. R. Castell Central Library, 616 MacLeod Trail SE.

The survey can be found at calgary.ca/ taxisurvey.

METRO CALGARY

metronews.ca
What's online today.

Video Parents brace for back-to-school bills at **metronews.ca/local**

Video Ont. Premier Dalton McGuinty defends the decision to harmonize sales taxes at **metronews.ca/ canada**

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Check out the science fiction and fantasy convention this weekend
The yearly science fiction and fantasy convention will be held this weekend in Calgary. Con-Version is celebrating its 25th anniversary with guests Terry Brook, Tanya Huff and Robert J. Sawyer at the Metropolitan Centre. For more information visit con-version.org. **METRO CALGARY**

Alberta seniors lose thousands in fraud

VICTORIA HANDYSIDES
Metro Canada

A cross-country scam has left two widowed Edmonton seniors with shattered trust, extreme shame and drained bank accounts.

In two separate early June incidents, two elderly women received a phone call from a man impersonating a bank security guard who knew their names and detailed banking information.

Both women were asked to withdraw thousands from the bank to help with an "investigation." The women complied and delivered the cash to a man near the bank, on the premise they'd be reimbursed the next day. Neither saw the cash or the crook again.

"They're very embarrassed. It's a generation of very trusting people — that's what makes this very difficult," said Edmonton police Staff Sgt. Jim Peebles. "They don't want their families to know, because it's an age thing. They want their independence."

The victims were duped out of a total of $6,300.

What's most concerning for investigators is that scammers knew so much sensitive information about the women, Peebles said, adding police are looking at bank employees as suspects.

"They're pensioners on tight budgets with fixed incomes. It has a huge impact on their lives," Peebles said.

Police believe there are two men responsible for the scams, the same men responsible for similar crimes over the past two years in Victoria, Winnipeg, and Fredericton, N.B.

Investigators feel there may be other victims too embarrassed to come forward. They're urging anyone who may have fallen victim to reveal themselves.

"We have such limited leads here in Edmonton," Peebles said. "We're following leads all across Canada and it's unfortunate, but we're stumped at this time."

College aims to help immigrants

SCHOOL Bow Valley College is taking steps to help provide communication skills for immigrants seeking work in Canada's business community.

Success in the Workplace, a 16-week program launching in September, will help immigrant professionals improve the skills they need in order to become competitive in the job market. The program is in partnership with the Vancouver Community College and Seneca College in Toronto.

METRO CALGARY

Albertans quicker to find new jobs

EMPLOYMENT Albertans who are unemployed are finding jobs faster than other parts of Canada, said CIBC Economics yesterday. On average, it takes Albertans only 11 weeks to find work, compared to the national average of 15 weeks. Quebec residents had the highest rate at 18 weeks. However, Canadians are doing much better than Americans, who average 25 weeks locating employment. **METRO CALGARY**

Flu could boost doctors' pay

HEALTH If a pandemic of influenza A (H1N1), also known as swine flu, were to break out, Alberta doctors might make huge dollars treating patients. The province and Alberta Medical Association are mulling paying doctors $259 an hour during weekdays, $403 during evenings and $518 if working overnight. Doctors would have to volunteer to help if a state of public health emergency was issued. **METRO CALGARY**

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Solo rower rescued in Atlantic as hurricane Bill bears down

British rower Peter Bray, 53, who left St. John’s, N.L., in an attempt to cross the Atlantic solo has been rescued from the path of hurricane Bill by a British vessel about 1,500 kilometres from land, CBC News Online reports. **METRO NEWS SERVICES**

Canada

Jones declared bankrupt

Alleged fraudster Earl Jones was declared personally bankrupt by the Quebec Superior Court yesterday, CBC News Online reports. The move clears the way for the next phase of the investigation into the millions of dollars nearly 150 of his former clients claim to be missing. METRO NEWS SERVICES

Hands off the North, Harper warns

Prime Minister Stephen Harper has vowed to stand up to nations already “probing” Canada’s north.

Harper led the charge yesterday as he took the controls of a Sea King helicopter and took the helm of a submarine as it slipped below the waters of Frobisher Bay.

Harper said the strategic value of the Arctic region has never been greater.

“We must never forget that just as the eyes of southern Canadians gaze northward, so, too, do those beyond our borders,” Harper said during a visit to the frigate HMCS Toronto as it cruised the waters south of Iqaluit.

“With other countries probing our north — by sea and in the air — the work you are doing here to protect our sovereignty has never been more important,” Harper told sailors assembled on the ship’s bow.

Harper also boarded the submarine HMCS Corner Brook, its menacing black hull gliding through the waters.

The sub slipped below the water, taking Harper on a 30-minute trip.

It’s believed to be the first time a prime minister has gone diving in a submarine.

Harper said he enjoyed his time below the waves, calling the ride “really smooth. You hardly know you are moving.”

TORSTAR NEWS SERVICE

> **“You hardly know you are moving.”**
> Stephen Harper, on his submarine ride

ANDY CLARK/REUTERS

Prime Minister Stephen Harper sits with his legs dangling outside the door of a Sea King helicopter as he approaches the frigate HMCS Toronto off Baffin Island yesterday.

Hackers hit Radisson hotels

SECRETS Computer systems at some Radisson hotels in Canada and the United States have been accessed without authorization, possibly revealing guests’ names and credit-card numbers, the hotel chain says.

“It appears to be an unauthorized attack from an outside source," Radisson spokesperson David Chamberlin wrote in an email. **REUTERS**

News in brief

AUTOS Hyundai Canada is launching its own cash-for-clunkers program with a financial top-up of up to $1,000 on the federal government’s program. The aim: To get the worst-polluting vehicles off the road. “Hyundai is committed to clean air in Canada,” says president and CEO Steve Kelleher.

METRO NEWS SERVICES

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Starts November 18 in Calgary.

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Starts November 24 in Calgary.

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TV news pioneer Hewitt dead at 86
Don Hewitt, the creator of the groundbreaking CBS News program 60 Minutes, and one of the most influential behind-the-scenes figures in U.S. journalism, died yesterday at 86. **REUTERS**

World

Flu vaccine safe for testing: U.S. officials

Data from tests on adults show it is safe to start trying out the new vaccine for influenza A (H1N1), also known as swine flu, in children, U.S. officials said yesterday. The National Institute of Allergy and Infectious Diseases said it would soon start two trials of Sanofi-Aventis vaccine in children aged six months to 17 years old. The U.S. Department of Health and Human Services says 45 million doses of the H1N1 vaccine will be on hand in mid-October, when mass vaccination is planned. **REUTERS**

News in brief

AFGHANISTAN A new family law ratified by Afghan President Hamid Karzai last month falls short of his country's international commitments on women's rights and should be revised quickly, the United Nations said yesterday. President Hamid Karzai, who approved the law earlier this year, was forced to review the decision after the law, on family rights for the country's Shiite minority, drew wide condemnation. The law says women should satisfy their husband's sexual appetites, an article which critics have said could be used to justify marital rape and which provoked an outcry from Afghanistan's Western allies and rights groups around the world.

IRAN Iranian President Mahmoud Ahmadinejad addresses the nation today to present a cabinet expected to include a relative novice as oil minister, but he may face a tough battle to win parliament's approval. **REUTERS**

Karzai defiant on vote

Afghan president says Taliban will fail to ruin election

OMAR SOBHANI/REUTERS

An Afghan soldier keeps watch as a man passes a checkpoint in Kandahar yesterday.

Taliban fighters will not wreck Afghanistan's presidential election, President Hamid Karzai said hours before polls opened, after fighters clashed with police in the centre of Kabul and threatened to shut the country's roads.

"I hope that our countrymen, millions of them will come and vote for country's stability, for the country's peace, for the country's progress," Karzai said last night after a small ceremony for the country's Independence Day holiday.

Earlier yesterday, gunmen stormed a bank building in central Kabul and battled police for hours in what the Taliban said was one of many attacks it had planned for the capital.

The brazen early morning raid was the third major attack in Kabul in five days, shattering the calm in a city which had been secure for months but is now tense and dotted with checkpoints.

Polls show Karzai leading but likely to fall short of the outright majority needed to avoid an October runoff, after his main challenger, ex-foreign minister Abdullah Abdullah, ran a stronger than expected campaign.

In southern Kandahar province — Karzai's home and the birthplace of the Taliban — two election workers were killed in a bomb blast, an election official said. **REUTERS**

Deadliest day of '09 in Iraq

95 People killed in six separate attacks in Iraq yesterday.

TERROR A series of blasts in Baghdad killed 95 people and wounded 536 in Iraq's bloodiest day this year, prompting a rare admission of culpability from Iraqi security forces struggling to cope without U.S. help.

At least six blasts struck near government ministries and other targets at the heart of Iraq's Shiite-led administration, weeks after U.S. combat troops withdrew from urban centres in June, thrusting Iraq's security forces into the lead role.

"We must face the facts. We must admit our mistakes, just as we celebrate our victories," Defence Ministry spokesman Major General Mohammed al-Askari told a group of U.S. and Iraqi military officials yesterday.

His comments echoed earlier remarks by Baghdad's security spokesman, Maj.-Gen. Qassim al-Moussawi.

"This operation shows negligence, and is considered a security breach for which Iraqi forces must take most of the blame," Moussawi told Iraqiya state television.

The sectarian war that hit Iraq after the 2003 U.S. invasion has abated and Iraq celebrated the restoration of its sovereignty in June when U.S. troops withdrew from cities.

In one blast, a massive truck bomb close to a checkpoint for the heavily fortified Green Zone blew out the windows of the foreign ministry. Dozens were mown down in a blizzard of glass. **REUTERS**

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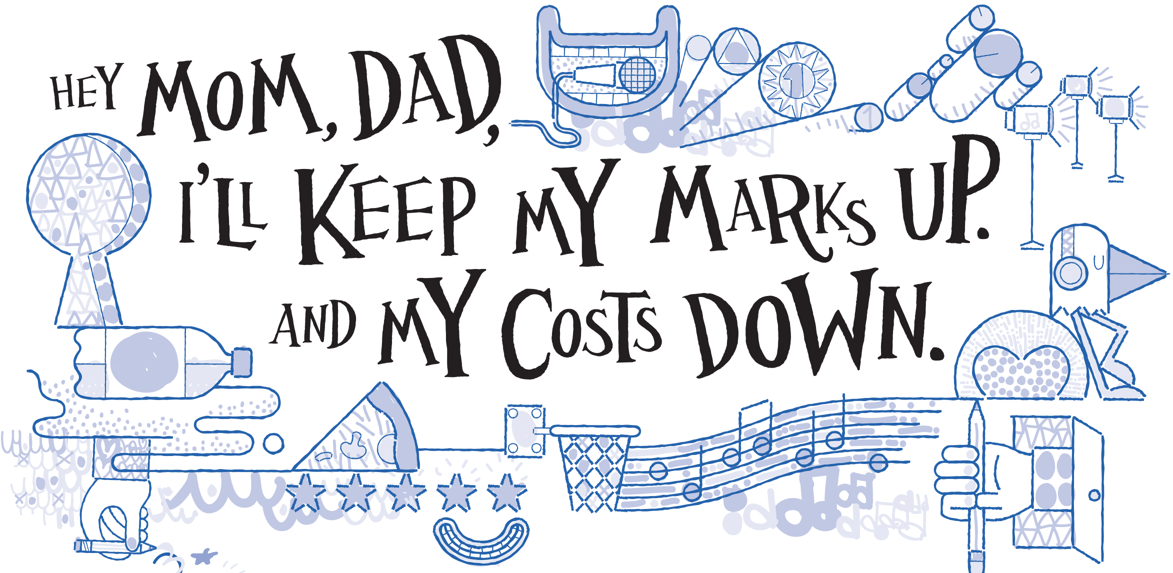
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Comment

Jealous from Facebook

Relating

Steve Collins

metronews.ca/collins

Nobody likely registered extreme surprise at a new study suggesting Facebook users experience more jealousy in their relationships.

In More Information than You Ever Wanted: Does Facebook Bring Out the Green-Eyed Monster of Jealousy? University of Guelph researchers surveyed undergraduate students about their Facebook use and its effect on their love life.

Among the findings: "The ease of making connections on Facebook may increase contact with past romantic and sexual partners, creating the potential for jealousy in current relationships."

You don't say.

When the Canadian privacy commissioner raised the alarm about Facebook's possible contravention of privacy laws last month, she was primarily worried about corporate misuse of personal information, not the ways in which your nearest and dearest might use it against you. Big Girlfriend is watching, and she'd like to have a little talk about why you've got three exes on your friends list.

One subject told the University of Guelph researchers, "It turns people into nosey parkers ... all of that personal information is totally unnecessary, but no one can help themselves."

The study's authors also identified a "feedback loop," wherein information on your partner snooped from Facebook leads to more jealousy, which leads to more surveillance of the page, which leads to more information and on and madly on. That level of scrutiny could kill any relationship.

On the web

- For more views on relating, go to Love Bytes at metronews.ca/blogs

The amount of time spent on Facebook is also cited as a factor, and this should surprise nobody either.

Virtual reality can trump reality after hours spent in front of the keyboard. You check the Internet for the weather instead of looking out the window, and when your relationship pops up on a computer screen, maybe you can't help trying to control it.

We so often hear that younger people don't attach as much importance to privacy as us codgers, but it may just be they haven't been burned as often as we have. I think some may be catching on.

My girlfriend's teenaged kids all started out Facebook friends with her, but soon realized the implications of having your mom privy to certain colourful details.

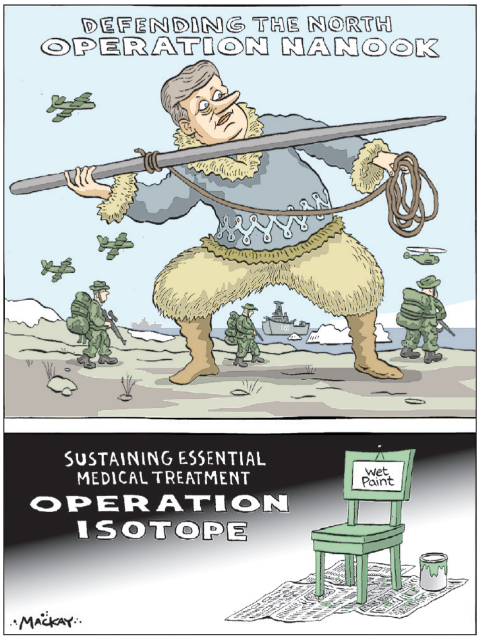
Two of three have since ditched her, and she was actually relieved to be out of the loop.

I've opted out of Facebook, which strikes me as kind of an endless high school reunion, an opportunity to interact awkwardly with all kinds of people you never knew well, and probably drifted away from for perfectly good reasons.

It seems we've created a technology remarkably well suited for breathing new life into long-dead relationships while poisoning live ones.

What will we think of next?

Steve Collins offers his best guesses on relationships for Metro every two weeks.



GRAEME MACKAY

Views

Look at how far we've come — not far at all

FourthWave

Canice Leung

metronews.ca/fourthwave

The third season of TV series Mad Men premiered this Sunday; in it, the staff at ad agency Sterling Cooper is jettisoned into 1963.

Oh, what a year it turns out to be: Housewives awaken from domestic stupor when The Feminine Mystique is published; Camelot tumbles; singer Sam Cooke writes his iconic song A Change is Gonna Come, about simmering racial tension in the South.

Mad Men, a show its creator Matthew Weiner has said is feminist, signals the third season's tone in the opening minutes, when Sterling Cooper's lone male secretary mutters, "This place is a gynocracy."

Though Manhattan was a man's world, the woman's life is well-explored: They're passed over for jobs; pre-marital sex makes them "strumpets;" men rape them; they consider abortions.

Consider Christina Hendricks' account of how viewers reacted to her character Joan's rape: "People say things like, 'Well, you know that episode where Joan sort of got raped?' Or they say rape and use quotation marks with their fingers ... It illustrates how similar people are today, because we're still questioning whether it's a rape."

I've heard viewers, male and female, fawn about the secretive Don Draper, but even the intelligent ones are in awe of this lying, cheating ass. Truly, women want him, and men want to be him.

I chuckled when Joan shows the new-girl secretary Peggy to her typewriter. "It looks complicated, but the men who designed it made it simple enough for a woman to use," she assures her.

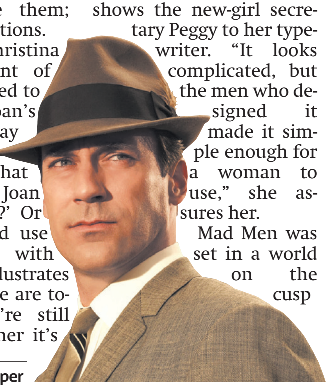
Mad Men was set in a world on the cusp of change, edging its way to free love, desegregation and violent war — but they clung, and still we cling, to antiquated notions. Every generation has its revolution, and ours is now.

It's Afghanistan, where a law was passed that allows men to starve their wives for denying them sex.

It's a Carleton student, who is suing her school after it allegedly implied she was "asking for" a sex assault by working late at night in a secluded lab.

It's women being interrogated before an abortion.

Mad Men is a mirror, and if we look into it, we will see that our turmoil is as it always has been.



Jon Hamm as Don Draper

Canice Leung is a former editor of Ryerson University feminist magazine McClung's, copy editor at Metro, ardent feminist and loudmouth.

Worth mentioning

London pickpockets giving something back to citizens

Visitors to London always have to be on the lookout for pickpockets, but now there's another, more positive phenomenon on the loose — putpockets.

Aware that people are suffering in the economic crisis, 20 former pickpockets have turned over a new leaf and are now trawling London's tourist sites slipping money back into unsuspecting pockets.

Anything from 5 pounds ($8) to 20 pound notes is being surreptitiously deposited in unguarded pockets or open handbags in Trafalgar Square, Covent Garden and other busy spots.

The initiative, which runs until the end of August in London before being rolled out countrywide, is being funded by a broadband provider, which says it wants to brighten up people's lives in unusual ways.

"It feels good to give something back for a change — and Britons certainly need it in the current economic climate," said Chris Fitch, a former pickpocket who now heads TalkTalk's putpocketing initiative. "Every time I put money back in someone's pocket, I feel less guilty about the fact I spent many years taking it out."

London's police have been briefed about the plan, which will see at least 100,000 pounds given away.

REUTERS

Metro Online Poll Results

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Drugmaker sues paper over "sensational" claims

Generic drugmaker Mylan Inc. has sued the Pittsburgh Post-Gazette over what it called "sensational and misleading" articles alleging that workers had overridden safety controls. **REUTERS**

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Feds likely to OK Nortel sale: Report

Canada is not likely to block Nortel Networks' (NRTLQ.PK) planned $1.13-billion sale of wireless assets to Sweden's Ericsson (ERICb.ST), the Globe and Mail reported on its website.

The Canadian government is evaluating the deal based on the balance sheet value of the assets, which Nortel says is $149 million according to the paper.

The Investment Canada Act normally requires a government review for foreign takeovers of a Canadian business worth more than $312 million.

Canadian BlackBerry maker Research In Motion has lobbied the government to block the sale. RIM argues that keeping Nortel's technology in Canada is vital to national security.

The sale will only be stopped if the Canadian government has national security concerns or if it concludes that Nortel grossly undervalued the assets on its books, the paper said.

REUTERS

Germany may give aid to Opel if Magna takes over

AUTO Germany may provide 4.5 billion euros ($7 billion) in state aid for carmaker Opel if General Motors chooses Canada's Magna, Berlin's favoured suitor, as the buyer.

The last-ditch offer would see the federal government and German states with Opel plants split the initial aid bill without waiting for other European countries that have GM sites to chip in, Deputy Economy Minister Jochen Homann said.

"We could envisage making a loan available, then later agreeing precisely how the costs are to be shared out with the other European countries," Homann — who heads the government's Opel task force — told Reuters.

Magna preferred

- Asked if the same offer would be extended to Magna's rival bidder, Belgian financial group RHJ, Homann said: "The question doesn't arise, because the German government has a preference for Magna's improved offer."

Others such as Britain, Spain, Poland and Belgium could contribute once the degree of their further involvement in GM's European operations, which employs some 50,000 in Europe, became clear.

REUTERS

Inflation drops, but deflation not likely: Analysts

ECONOMY Consumer prices in Canada fell at the steepest rate in 56 years in July due to a sharp decline in energy costs, but analysts said yesterday there was little risk of prolonged deflation.

Overall prices dropped 0.9 per cent year-on-year in July, according to Statistics Canada, reflecting a 23.4 per cent swoon in energy prices. The drop largely reflected a 28.3 per cent decline in gasoline prices from July 2008, a trend that analysts said would soon reverse.

Economists had expected a 0.8 per cent decline in overall prices in July from July 2008.

REUTERS

Business in brief

RETAIL Sears Canada said yesterday its quarterly profit dropped sharply as fragile consumer confidence and cool weather hurt sales. Sears earned $49.1 million during its second quarter ended Aug. 1, down 20.2 per cent from $61.5 million last year.

TAX EVASION More overseas tax havens could turn into traps for tax cheats as the U.S.-Swiss settlement over UBS AG invigorates a campaign to flush out hideaways for illicit or undisclosed money. The long-awaited deal, which sees Switzerland handing over details of some 4,450 UBS bank accounts to U.S. investigators, was finalized yesterday.

BANKING The Federal Reserve said Tuesday it ordered WGNB Corp., the parent of First National Bank of Georgia, to halt payment of dividends and submit a plan to meet capital adequacy guidelines. **REUTERS**

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Smoltz goes from Red Sox to Redbirds

John Smoltz will resume his major-league career, agreeing to a contract with the St. Louis Cardinals. The former Cy Young winner was released Monday by the Boston Red Sox. The 42-year-old Smoltz is expected to join the Cardinals today in San Diego. **METRO NEWS SERVICES**

Sports

TOYOTA
Semenya
berlin 2009

Gender questioned

The IAAF has asked the South African athletics federation to conduct a gender verification test on Caster Semenya, left, amid concerns she does not meet the requirements to compete as a woman. The 18-year-old easily won the 800-metre gold medal yesterday at the world championships. The IAAF says the "extremely complex, difficult" test has been started but the results were not expected for several weeks. **METRO NEWS SERVICES**

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Sports in brief

HOCKEY The Carolina Hurricanes signed veteran forward Stephane Yelle to a $550,000 US, one-year deal yesterday. The 35-year-old Yelle had 18 points (7-11) in 77 games with the Bruins last season. He was also a plus-6.

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'I am not using my brain'

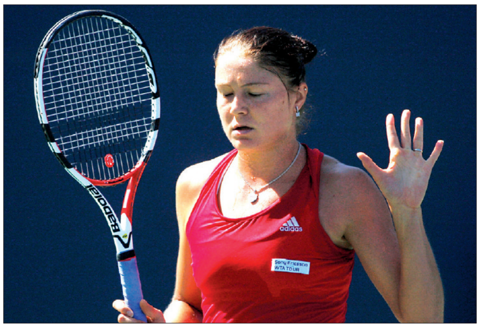
World No. 1 Dinara Safina eliminated by 39th seed at Rogers Cup

World No. 1 and holder Dinara Safina made an early exit from the Rogers Cup in Toronto yesterday, shocked 3-6, 6-2, 6-4 by 39th ranked Frenchwoman Aravane Rezai.

Safina, eight times a finalist this season including last week in Cincinnati, could not find her feet on the hardcourt and contributed to her own demise by serving up 17 double faults.

"Disaster," Safina, close to tears, told reporters. "It's not my serve, it's just my brain. I know exactly what I have to do, but I am not using my brain.

"I just didn't take control of my head. I lost my temper. I had to slow down and I couldn't do the right things. I just went more and more crazy."


Dinara Safina of Russia reacts to missing a point against Aravane Rezai of France during her second-round loss yesterday at the Rogers Cup in Toronto. Rezai won 3-6, 6-2, 6-4.

MARK BLINCH/REUTERS

The victory was the first win in three visits to Canada for Rezai and earned her a small measure of revenge for the 6-1 6-0 hammering she suffered at the hands of the Russian in the French Open fourth round earlier this year.

It also marks just the second time this season that Safina has lost her opening match.

With third seed Venus Williams also stumbling out it opens up the side of the draw for two former-world No. 1s on the comeback trail: Maria Sharapova and Kim Clijsters.

Sharapova, working her way back to top form after nine months recovering from shoulder surgery, booked her place in the last 16 with a 6-3, 7-6 win over Austria's Sybille Bammer, while 2005 Rogers Cup champion Clijsters later beat No. 9 Victoria Azarenka 7-5, 4-6, 6-1.

REUTERS

Kane indicted on two charges

NHL Chicago Blackhawks forward Patrick Kane has been indicted on charges of third-degree assault and theft of services, both misdemeanours, and harassment.

Kane and his cousin, James Kane, were arrested on Aug. 9 following a dispute with a Buffalo cab driver. Jan Radecki told the police he was punched in the face and grabbed by the throat after he couldn't provide twenty cents worth of change for their fare.

Erie County District Attorney Frank A. Sedita III announced yesterday that the grand jury dismissed a more serious felony charge of second-degree robbery. Both Kanes are expected to be arraigned this afternoon.

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Williams sisters buying into Dolphins: Report

Venus and Serena Williams will become the latest celebrities to own a stake in the Miami Dolphins, a person familiar with the deal said yesterday. Musicians Gloria and Emilio Estefan and Marc Anthony recently bought small shares of the team. **METRO NEWS SERVICES**

BoSox get best of Doc

MLB RESULTS

Boston 6 **Toronto** 1

AT

Clay Buchholz outpitched the man he was almost traded for several weeks ago, as the Red Sox knocked around Roy Halladay in a 6-1 victory over the Blue Jays.

Buchholz (2-3) gave up a run on six hits through six innings, while Halladay (13-6) was touched for five runs — four earned — on eight hits and two walks in just five frames.

David Ortiz, Jason Bay and Victor Martinez each homered, while Alex Gonzalez went 2-for-4 with a run scored and an RBI for the Sox, who have split their last six games.

Seattle 3 Detroit 1 — Ichiro Suzuki went 2-for-4 with a two-run homer and Ian Snell picked up his first win in a Seattle uniform, as the Mariners downed the Tigers.

Snell (1-1) was effective in 5⅔ innings, giving up one run on four hits and three walks.

S.F. 1 Cincinnati 0 — Barry Zito threw six shutout innings and three San Francisco relievers finished the two-hitter, as the Giants edged the struggling Reds at Cincinnati's Great American Ball Park.

Sergio Romo (4-2) followed Zito with 1⅔ perfect innings to take the win.

Elsewhere it was: Atlanta 15 New York Mets 2; Tampa Bay 3 Baltimore 1; Pittsburgh 3 Milwaukee 1; Colorado 5 Washington 4; Philadelphia 8 Arizona 1; Los Angeles Angels 3 Cleveland 0; Chicago White Sox 4 Kansas City 2; Minnesota 5 Texas 4; Houston 6 Florida 3.

METRO NEWS SERVICES

Hurdles **Silver celebration**

MARK DADSWELL/GETTY IMAGES

Priscilla Lopes-Schliep of Whitby, Ont., celebrates winning the silver medal in the women's 100 metres hurdles final at IAAF World Athletics Championships in Berlin yesterday. Former world champion Perdita Felicien of Pickering, Ont., finished last after getting off to a rough start. Jamaica's Brigitte Foster-Hylton took the gold, while her teammate Delloreen Ennis-London took bronze.

Sports in brief

FAVRE The Vikings have sold more than 3,200 season tickets since news broke that Brett Favre was coming to Minnesota. That's in approximately a 24-hour span. Chief marketing officer Steve LaCroix says the team has also sold about 10,000 single-game tickets during that time as fans continue to clamour over the arrival of the veteran quarterback.

BASEBALL It'll cost just a dollar to get a glimpse of the Washington Nationals' new $15-million manUS. The Washington Nationals are offering at least 2,000 tickets for $1 apiece for Friday's game against the Milwaukee Brewers — a matchup that will be preceded by an on-field news conference with No. 1 overall draft pick Stephen Strasburg. **METRO NEWS SERVICES**

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Eat in style
This lunch kit, $5, comes in argyle, pictured, or pink hearts. Available at Old Navy, oldnavy.ca. **METRO NEWS SERVICES**

Back To School

Go peanut-free

This year, President's Choice has introduced a slew of peanut-free products, including these Soft and Chewy Raisin Oatmeal Cookies ($3.99). For more, go to pc.ca.
METRO NEWS SERVICES

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Tech goodies for every student

RAFAEL BRUSILOW
for Metro Canada

Eyes and ears up here! Class is creeping closer so make sure you're prepared with the right tech goodies to get you started (or at least enjoy the final waning days of summer).

Artistic and smart

With advanced auto-focus tracking to keep moving objects sharp, a super-wide-angle zoom lens and creative in-camera filters, the **Olympus FE series** offers some feature-loaded camera for the buck. The three cameras in the series, available in a variety of pastel colours and ranging in price from $129.99-$189.99, offer the same 12-megapixel capability and a powerful Intelligent Auto setting that adjusts for shadows and decides which scene setting to use, doing the hard thinking for you and letting you focus instead on getting great shots. Fun "Magic Filters" let you take distinctive shots quickly that simulate a fish-eye lens effect, the look of a pinhole camera, wedding-ready photos with softened edges or even Warhol-esque pop art-style photos with enhanced, saturated colours — perfect for a hip Facebook profile pic.

Sports warrior

Both waterproof and sandproof, the **Fuji Z33WP Waterproof Whiz** 10-megapixel camera is the perfect beach buddy for capturing the last fun moments of summer. The camera, which retails for $229.99, comes in four colours: green, pink, blue and black. Built-in face detection technology keeps focus sharp in group shots and Intelligent Scene Recognition ensures the best possible pictures no matter what kind light you shoot in. A Blog Mode also offers an optimal way to quickly shoot and upload photos to sites like Twitter and Facebook, meaning it's never been easier to reveal to the online world just how out-of-shape (and unaware of it) your friends are.

Touch or type

The **Motorola Rival A455** features two seemingly contradictory, yet highly convenient, features: a sliding faceplate that reveals a full-stocked QWERTY keyboard for texting, and a touch-sensitive screen for quick operation. It's a snazzy phone that features all of the regular trappings — 2-megapixel camera, MP3 player and support for instant messaging and online e-mail. Available on the Telus network for $99.99 with a three-year contract, the phone is a solid choice that lies snugly between touch-only iPhones or type-only BlackBerrys.

No signal? No problem

Since weak signals and per-minute charges have been the bane of all cheapskates and travellers since the invention of the cellphone, the **Nokia 7510** flip-phone definitely goes against the tide. Available on for $49.99 with a three-year contract at Rogers Wireless, this Wi-Fi enabled phone features the ability to talk through a wireless Internet hotspot (via UMA technology) instead of on the regular network — meaning you could chat for free, even without a cellphone signal, as long as you had wireless Internet access nearby. Students will love the fact that the phone can take a call on their wireless connection in their dorm room and seamlessly switch to the GSM network when they walk outside without dropping the call.

Not to be missed...

Technology always finds ways to give you new capabilities you never knew you needed and this back-to-school season is no exception.

- **Small pictures can say big things**

Printing from the palm of your hand can be both fun and practical with the **Wasabi Ultramobile Photo Printer** (starts at $189, but is currently available for $99 at dell.ca). This printer is a neat little wonder that definitely surprises with its usability and design. Small enough to hold in one hand, the Wasabi can connect to your mobile phone or other wireless devices through Bluetooth or a regular USB connection. The printer use no ink at all, instead printing two- by three-inch photos on special ZINK paper, which has colour crystals embedded into it that get heated by the printer to create photos. The diminutive printer holds up to 12 ZINK sheets, which come on an adhesive backing, ready for sticking inside lockers or onto binders.

- **Data transfer without all the mumbo-jumbo**

Lovers of the iPod and iPhone might just fall in love with the cute, convenient little **Clickfree Transformer SE** ($49.99-$79.99 at clickfree.com). It connects to your iPod or iPhone through the USB connection and lets you use the massive leftover storage space on your device or transfer new music files without risking deleting any existing files, all without having to connect through a computer or use any special software. It also backs up your MP3 and data files on your iPhone or iPod with ease and can even be used to extract data should your device (or its battery) decide to head for tech-heaven a little too soon. **RAFAEL BRUSILOW/ FOR METRO CANADA**

Kids' fashion a blast from the past

NOELLE MUNARETTO
for Metro Canada

Before the classroom bells toll next month, parents will be scouring the stores in search of the latest back-to-school gear.

Fashion experts reveal certain styles will reign supreme in the schoolyard, and offer their tips for putting together your child's updated wardrobe.

"Kids often get really excited about what they are going to wear for the first day back at school, so it's a key time to have all of the latest trends available," said Karen Richter, H&M Canada's showroom manager.

The rock'n'roll look is in this season, so why not try this graphic T-shirt and plaid skirt ensemble? Both are available at the Bay.

For those just starting to pick out pieces, Richter said it's important to keep layering in mind.

"This way kids stay warm, but can also easily shed pieces once inside," she said.

Prior to venturing into the malls, take stock of what your kids have and create a shopping list.

Suzanne Timmins, fashion director for the Hudson's Bay Company, said there are certain back-to-school must-haves for boys and girls.

"It's all that Rock Band style, punk rock, and grunge mixed with jeans that are slimmer and slimmer," said Timmins of boys' trends. "It's Jonas Brothers style. Very rock'n'rolla."

That means graphic-printed tees, grey-black skinny jeans, the modern plaid shirt, 1980s-influenced colours, and high-top sneakers are all on the top of the list for guys.

This leather jacket is available at H&M (hm.com).

For girls, Timmins said the 1980s trends continue.

"Key for all girl age groups are leggings," said Timmins. "They can be layered under skirts and T-shirts."

Also popular for girls are skinny jeans in juicy-toned bright colours, long cardigans, hoodies, and preppy accessories like ribbon headbands.

High-top canvas sneakers, $17.50 each at Old Navy (oldnavy.ca).

Even today's fashion-conscious tweens are taking back-to-school style cues from upper years.

"Tweens often like to dress more like their older siblings, so customers will find that many styles from our adult department have trickled down into the kids department," said Richter. "Leather motorcycle jackets, distressed denim and graphic rock tees have been quite popular."

Frances Gunn, an assistant professor at Ryerson University's Ted Rogers School of Retail Management, said that in this year's economy, parents are more likely to spend conservatively when it comes to back-to-school shopping.

On the upside, he said parents looking to stay on a back-to-school budget will notice retailers giving them a break.

"You'll probably be looking later in the season for the best deals," he said.

ON HER: Short-sleeve cardigan, $16.99; floral print shirt, $14.99; long sleeve T-shirt, $12.99; boyfriend jeans, $24.99; designer tattoo print sneakers, $44.99; and reversible polka dot scarf, $24.99.
ON HIM: Buffalo plaid fleece-lined hoodie, $69.99; graphic T-shirt, $19.99; grey jean with contrast stitching, $79.99; and leather skate shoes, $69.99. All at Winners.

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Metro Homes

Time is of the Essence

Graham and Brown has released a new line of wallpaper called Essence. These trend-inspired patterns offer an intense dichotomy between bold stripes and delicate florals in crimsons, charcoals, duck eggs and creams. Shown here is Alum in damson and gold. See grahambrown.com.

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

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Content at **the cottage**

EMMA YARDLEY
for Metro Canada

Canadian cottage interiors are growing up and clearing out. Gone are the days of cutesy animal-themed wallpaper and crock jugs stuffed with dried baby's breath. Instead, make way for clean open spaces filled with rustic furnishings and vintage (or vintage-inspired) pieces.

"Country decor is often predictable, common and too fussy," says Karl Lohnes, home expert for Canada AM. "The new country decor is simpler and incorporates modern or industrial elements as a juxtaposition."

Whitewashed walls, battered wooden furniture and a mishmash of collected objects are still the pillars of cottage decor but add in treated concrete floors, modern window fittings and quirky home accents, and the cottage becomes cool rather than cluttered.

No country experience is complete without a little porch rocking while looking over the lake at sunset. Mission Rocking Chair, $149.99, Canadian Tire, canadiantire.ca.

Mirroring classical design features of 19th century gilded frames, this carved weathered curlicue mirror is a perfect example of rustic charm. Anthropologie, $448, anthropologie.com.

Worn and weathered to perfection, the Markham console table is one piece that will continue to stand the test of time. Pottery Barn, $1,999, potterybarn.ca.

It's always nice to feel welcome. Hello Goodbye Doormat, $25, Urban Barn, urbanbarn.com.

This velvet pearl chaise has both the comfort and clean lines that define the new cottage chic. The Home Depot, $529, homedepot.ca.

Enjoy the creature comforts of an afternoon nap wrapped in a Grizzly Throw. Urban Barn, $95, urbanbarn.com.

Metro's Pick: These Grizzly Throws look to be the epitome of comfort, and don't worry, it's faux-fur, so no animals were harmed making these fluffy blankets.

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Seen here is part of Graham and Brown's newest Essence collection. With big, confident blooms, it's called Flora and it's seen here in crimson, cream and charcoal. **SEE GRAHAMBROWN.COM**

Making use of your waste

HomeScape

Sylvia Putz

metronews.ca/homescape

The idea of home composting is becoming a lot more appealing After all, it's the organic stuff that stinks, and taking care of most of it by composting is one great way to reduce the stinky factor.

I tried composting in my back yard before the city picked up compost, but was equally happy putting it in my container and leaving it out on the curb for pickup.

From a holistic viewpoint, I came to the conclusion that home composting was one great way for me to take care of my own garbage, or at least a portion of it.

The biggest part of the problem is volume, of course. And the answer to that problem is staring you in the face.

There are many different ways to reduce the garbage you produce, and home composting is only one of them. But one piece at a time is a good start.

To start, there are a ton of websites devoted to the fine art of composting, but the bottom line is to layer green nitrogen-rich waste (fruit and vegetable peelings, coffee grounds, teabags, grass clippings but NO meat, dairy or other greasy food items) with "brown" items that are rich in carbon (fall leaves, shredded newspaper, spent plants, pine needles, wood chips, egg shells or corncobs). Use at least twice to four times as much "brown" as "green", and constantly adjust to get the mix just right. Finished compost should be damp, crumbly and look like soil. See the very useful Composters Council of Canada website (compost.org) for further information.

> **"If you can't use the compost yourself, take it to the local market, and try bartering it for produce. Or give it away to gardeners in your area."**

If you decide to compost, here's a few hints to get back into the swing of it.

- If you've got a small yard, consider a space-saving rotating composter, with a 26-inch diameter, which holds six cubic feet of compost and collects compost "tea" for watering. No need to pitchfork this mess around — just rotate the drum. Lee Valley Tools carries this composter for $185. See leevalley.com
- A cheaper alternative is to use a garbage can with a firm lid. Poke holes in it to help with aeration, and roll it on the ground whenever it needs mixing. No fuss, no muss.
- If you live in a condo or apartment, consider vermiculture, or composting with worms. No it's not as disgusting as it sounds. I tried it, and you can actually become attached to the wee wigglers. See cityfarmer.org for more information
- If you can't stomach the idea of worms, go for one of those big plastic storage containers, and carry on with regular composting on the porch, or even under the sink.
- If you can't use the compost yourself, in a garden or in potted houseplants, put it in bags and take it to the local market, and try bartering it for produce. Or give it away to gardeners in your neighbourhood. They'll love you forever.

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show Arresting Design; sputz@arrestingdesign.com.

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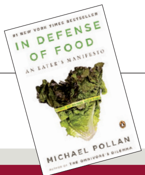

It just keeps going ...

In Defense of Food: An Eater's Manifesto by Michael Pollan remains at the top of the bestseller's list for cookbooks on Amazon.ca. Jamie's Food Revolution came in second and Gordon Ramsay's Healthy Appetite was third. METRO NEWS SERVICES

Food

The croquette (from the French croquer, "to crunch") was a French invention that gained worldwide popularity, both as a delicacy and as a fast food. METRO NEWS SERVICES

Worldwide

Croquette varieties can be found all over the world, including Mexico, Germany, Brazil, Portugal, Russia, Spain, Poland and the Philippines.

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Croquettes and cobbler

Chicken Croquettes with Creamy Gravy

SERVES 4

INGREDIENTS:

- 3 tbsp (45 ml) butter
- 1 medium-size yellow onion, finely chopped
- 2 tbsp (25 ml) minced parsley
- 1/2 cup (125 ml) all-purpose flour
- 1/4 tsp (1 ml) salt
- 1/8 tsp (0.5 ml) ground cayenne pepper
- 1/4 cup (50 ml) chicken broth
- 2 tbsp (25 ml) 1% milk
- 1 1/2 cups (375 ml) ground cooked chicken breast
- 1/3 cup (75 ml) plain or seasoned fine dry bread crumbs
- 1 large egg, lightly beaten
- 1/2 cup (125 ml) plain or seasoned fine dry bread crumbs
- 1 cup creamy gravy (see below)

METHOD:

In small pot, melt butter over moderate heat. Add onion and cook 5 minutes or until tender. Stir in parsley. In small bowl, combine flour, salt and cayenne pepper. Stir into mixture in pot. Cook 1 minute or until bubbly. Add chicken broth and milk. Cook, stirring constantly, until mixture starts to thicken. Cook and stir 2 minutes more or until thickened.

Chicken Croquettes with Creamy Gravy

Pour mixture into large bowl. Stir in ground chicken and 1/3 cup (75 ml) bread crumbs. Cover and refrigerate 1 hour. With hands, shape 1/4 cup (50 ml) of mixture into 3⁄4-inch (2-cm) thick patty. Repeat with remaining mixture to form total of 8 patties.

Preheat oven to 375 F(190 C). Place egg in shallow dish. Place 1/2 cup (125 ml) bread crumbs on sheet of wax paper. Coat patties with bread crumbs, then dip in egg and coat again with crumbs. Arrange patties in lightly greased shallow baking pan. Bake 25 to 30 minutes or until patties are golden and heated through. Serve with Creamy Gravy.

Creamy Gravy:

In small pot, melt 1 tbsp (15 ml) butter over moderate heat. Whisk in 2 tbsp (25 ml) all-purpose four, ½ tsp (2 ml) dried basil, ¼ tsp (1 ml) salt and dash of pepper. Cook 1 minute or until bubbly. Add 1 cup (250 ml) 1% milk. Cook, whisking constantly, until thickened.

Peach Cobbler

SERVES 4

INGREDIENTS:

- 1 cup (250 ml) peach nectar, apricot nectar or apple juice
- 1/3 cup (75 ml) sugar
- 4 tsp (20 ml) all-purpose flour
- ½ tsp (2 ml) ground nutmeg
- 3 cups (750 ml) sliced and peeled peaches
- ½ tsp (2 ml) lemon juice
- 2/3 cup (150 ml) all-purpose flour
- 2 tbsp (25 ml) old-fashioned or quick-cooking rolled oats
- 2 tbsp (25 ml) sugar
- 1 tsp (5 ml) baking powder
- 2 tbsp (25 ml) butter
- 2 tbsp (25 ml) 1% milk
- 1 large egg white

Peach Cobbler

METHOD:

Preheat oven to 400°F (200 C). In medium-sized pot, whisk peach nectar, 1/3 cup (75 ml) sugar 4 tsp (20 ml) flour and ¼ tsp (1 ml) nutmeg. Cook over moderate heat, whisking constantly, until starts to thicken. Cook and whisk 2 minutes more, until well thickened. Stir in peaches and lemon rind. Cook until bubbly. Keep warm.

In medium bowl, stir 2/3 cup (150 ml) flour, oats, 2 tbsp (25 ml) sugar, baking powder and ¼ tsp (1 ml) nutmeg. Using pastry blender or two knives, cut butter in until mixture resembles coarse crumbs. In small bowl, combine milk and egg white. Add to oat mixture and stir until dough forms.

Spoon hot peach mixture into 9-in. (23-cm) round baking pan. Spoon dough into 4 even mounds on top of hot peach mixture. Bake 18 to 22 minutes, or until toothpick inserted into mound comes out clean. Serve with whipped cream.

rd.ca

For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

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Last call for grilling glory

To misquote '80s poetic powerhouse Bananarama: "It's been a cruel, cruel summer." Unless you count the hours I've stood outside trying to convince my dogs to stop barking at the neighbours; this season's uneven weather has meant that I haven't spent much time enjoying the tranquility of my backyard.

Well, with the sun beginning to set on summer I'm going to hang out on my deck and barbecue something this weekend even if hurricane whoever decides to descend on my little piece of Canada. Of course this determination allows me another crack at offering a few more red wine recommendations to wash down grilled meat.

Having visited Chile in the spring I gained a lot of respect for the carmenère grape. Tasting like the love child of merlot and cabernet sauvignon, its ripe, bright berry fruit flavour shows accents of chocolate and deep plum that's typified by the smoothly accessible **Concha y Toro Casillero del Diablo 2007 Carmenère ($12.95 - $13.97).**

Miguel Torres' **2006 Sangre de Toro ($11.95 - $14.28)** is a spicy blend of garnacha and cariñena that layers earthy black fruits over silky tannins which makes it a perfect partner for a beefed-up entrée cooked over the coals.

Prices reflect the range across the country. Some products may not be available in all provinces.

Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

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Latin tongue

Once again, the Expo Latino we will be returning to Prince's Island Park, Aug. 28 - 30, with double the amount of food vendors this year. Opening ceremonies start Tuesday. Visit hispanicarts.com for a full schedule. **METRO NEWS SERVICES**

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On the web

Global Peasant:

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Visit metronews.ca/globalpeasant for a recipe for really easy raw peanut butter.

Ricardo every single night

Celebrity chef offers recipe solutions for all your entertaining needs

Often called "Quebec's answer to Jamie Oliver," Ricardo has made quite an impact on Canadian audiences with his hit show Ricardo & Friends on Food Network Canada and his book Weekend Cooking.

In his book Ricardo: Meals for Every Occasion, he shares his fail-proof meal plans and mouthwatering yet simple recipes, which have helped get him out of many entertaining-related binds.

Whether you're having the boss over for dinner, hosting the guys on poker night, or making the perfect brunch for overnight guests, Ricardo helps takes the intimidation factor out of entertaining. By grouping the recipes into sections according to the occasion, Ricardo makes sure you have a a choice of surefire ways to suit any entertaining need.

Metro nabbed this satisfying burger from Ricardo: Meals for Every Occasion (Whitecap, 2009) to sink your teeth into. Great for the barbecue.

RICARDO
Meals for Every Occasion

These American-Style Double Cheeseburgers are from Ricardo: Meals for Every Occasion.

American-Style Double Cheeseburgers

INGREDIENTS:

Sauce:

- 3/4 cup (180 ml) mayonnaise
- 1/4 cup (60 ml) finely chopped onion
- 1 Tbsp (15 ml) store-bought French salad dressing (orange coloured)
- 1 Tbsp (15 ml) sweet relish
- 1 Tbsp (15 ml) finely chopped dill pickle
- 1 tsp (5 ml) brown sugar
- 1 tsp (5 ml) ketchup
- 1 tsp (5 ml) white vinegar
- Salt and pepper

Cheeseburgers:

- 4 hamburger buns
- 1 1/2 lb (675 g) lean ground beef
- 4 slices orange processed cheese
- Sliced sandwich pickles
- Chopped iceberg lettuce

METHOD:

Sauce:

In a bowl, combine all the ingredients. Season with salt and pepper. Refrigerate.

Cheeseburgers:

Preheat the barbecue, setting the burners to high.

Using a bread knife, slice the top halves of the hamburger buns in half. Set aside.

Shape the meat into 8 large but very thin patties. Tip: Place the patties between sheets of plastic wrap and flatten by sliding your hand over the top layer.

Grill the patties until well-done, about 3 minutes per side. Season with salt and pepper. Place the cheese slices on 4 of the patties for the last minute of cooking. Toast the buns.

Assembly:

Spread sauce on the bun bottoms. Lay 1 plain patty on each bun bottom. Garnish with pickle slices. Cover with the bun middles. Spread with sauce and garnish with lettuce. Top with the remaining patties and the bun tops.

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Style

HARD CANDY
Visibly Wet
Visibly Wet

Wal-Mart goes upscale

Wal-Mart Stores Inc is rolling out a new line of cosmetics by Hard Candy, hoping to dazzle shoppers with glitter eye shadow and volumizing mascara by a brand that is sold at more upscale retailers, like Sephora. The new line — being made specifically for Wal-Mart — will be introduced in 3,000 of its U.S. stores in September. It will be rolled out internationally next spring. Cosmetics will range from price from $5 to $10. REUTERS

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Last chance: how to get the look

Silpada rosewood-and-sterling-silver bangle ($95); silpada.ca

Silpada Hammered sterling silver earrings ($58) and bangle, lower left, ($132); both available at silpada.ca.

Kensie Katie sunglasses ($35). Available at The Bay and select Shoppers Drug Mart Beauty Boutiques.

Browns sandals ($98), right; brownsshoes.com

STYLED BY JANINE FALCON

Maxi-mize

Time to snap a maxi dress off the sales rack

JANINE FALCON
for Metro Canada

If you think you're too late to try the airy maxi dress, don't worry — summer was late too.

In fact, now's the time to pick one up if you don't already have one; end-of-season sales have a lot to offer at great prices. And you don't have to be genetically blessed with a model figure to wear one.

"Look for something that skims your figure rather than clings," advises style expert Afiya Francisco of TheStyleHouse.ca. If you're a little tummy conscious, an empire waist works nicely in your favour because it helps conceal less-than-taut abs.

> **"Look for something that skims your figure rather than clings."**
> Afiya Francisco, TheStyleHouse.ca

If you have more of an apple body shape, look for a style with minimal gathers where the waistband meets the skirt, and make sure the skirt isn't too full.

Voluminous skirts are also a "don't" if you're petite, Francisco adds.

If you have a generous bustline, or wear size 12 or better, shun spaghetti straps and strapless versions, which will make you look heavier than you are. Instead look for dresses with wider straps or halter necklines; they'll provide a little support and more flattering proportions.

When it comes to stepping out in your maxi dress, "gladiator sandals and oversized sunglasses are ideal for day," according to Francisco. Simplicity is key when it comes to accessories, so think bangles or dangly earrings or a statement necklace. A slouchy tote also strikes the casual note.

For evening, Francisco suggests a clutch and sandals with heels to dress things up.

An unfussy beauty look is best with the maxi-dress trend. New York-based Canadian celeb hair stylist Harry Josh points to Cameron Diaz and Helena Christiansen as examples of today's uncomplicated approach.

According to Josh, a consultant for John Frieda hair care, a shoulder-length cut with lots of layers is key. Through damp hair, distribute mousse such as Frizz Ease Take Charge Style Managing Mousse.

Once hair is dry, add some random waves with a one-inch pro curling iron if you want more texture. With blowdryer and round brush, smooth hair around the face and allow a soft sweep across the forehead.

Right: Banana Republic maxi dress, $124; Banana Republic stores

Style in brief

FILM A Single Man, the directorial debut of fashion designer Tom Ford, will head a record 14 films in the third edition of the Queer Lion awards at the Venice Film Festival. The Queer Lion prize selects the best film with a gay plot or subplot screening at the festival or in one of its sidebars.

TELEVISION Reality fashion show Project Runway, now in its six season returns to television tonight after 10-month hiatus.

REUTERS

Kenya's Style

Kenya Hunt

Exclusively at metronews.ca/globalstyle

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American Idol's Jonas bonus
Add a Jonas to the mix of celebrity judges on American Idol. A rep for the Jonas Brothers confirms to People magazine that Joe Jonas will serve as a guest judge in Dallas on Monday. **PEOPLE.COM**

Entertainment

Papa Wayne

Rapper Lil Wayne is expecting two little babies this year, but they're not twins. He is expecting one child with girlfriend Nivea and another with actress Lauren London, MTV.com reports. **POPEATER.COM**

EDITOR: DEAN.LISK@METRONEWS.CA

🌐🌐🌐🌐🌐 A CLASSIC; 🌐🌐🌐🌐 EXCELLENT; 🌐🌐🌐 GOOD; 🌐🌐 FAIR; 🌐 POOR

Sean Paul cranks club beats

Sean **Paul**

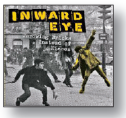
Album: Imperial Blaze
Label: VP/Warner
Rating: 🌐🌐🌐

SEAN PAUL'S FIRST record in four years was apparently going to introduce us to a new socially conscious artist, but instead we get more sexed-up jams. From Birthday Suit to Lace It, this dancehall superstar has shagging on the brain, but in the end his speedy lyrics don't matter. Paul's music is meant for dancing and at that he succeeds again. The record is loaded with club-friendly beats, infectious choruses and hip-shaking grooves. It's nothing spectacular, but it does the job it set out to do.

Bryan Borzykowski/for Metro Canada

Inward **Eye**

Album: Throwing Bricks Instead of Kisses
Label: RCA/Sony Music
Rating: 🌐🌐½



THE LABEL HYPE sheet says brothers Dave, Kyle and Anders Erickson grew up listening to their parents' Rolling Stones, Who, Kinks and Clash records ... until, that is ... they discovered Green Day. Which means two things. No. 1 — the publicist is prone to tired cliches. And No. 2 — we're probably dealing with three upper-middle class suburban Canadian kids trying to be inner-city English punks. Oh, we should also add – the Erickson brothers have dreams of becoming as wealthy as Billy Joe Armstrong. Sorry, guys. It ain't gonna happen. But you get points for trying. There are some undeniably likable tracks on Inward Eye's debut full-length.

Graham Rockingham/for Metro Canada

Brendan **Benson**

Album: My Old, Familiar Friend
Label: ATO/MapleMusic
Rating: 🌐🌐🌐½

ALTHOUGH BRENDAN BENSON has been creating catchy power pop tunes since 1996, it's likely you were first introduced to the Michigan-based singer when he formed The Raconteurs. Thanks to that high profile gig, Benson's latest — his first since joining the band — has a bigger budget and more buzz. And the attention is well deserved. His fourth record is a solid collection of happy pop songs. It's not too complex, but it's all very catchy. And while it's a bit too glossy, songs like the Franz Ferdinand-ish Feel Like Taking You Home, make this a pleasant listen.

Bryan Borzykowski/for Metro Canada

WARNER MUSIC PHOTO

Imperial Blaze is the first album in four years from Sean Paul.

Tinariwen

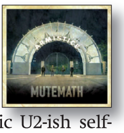
Album: Imidiwan: Companions
Label: Outside
Rating: 🌐🌐🌐🌐

TINARIWEN IS AN electric guitar collective born out of the Saharan sands of north Africa and the violent rebellions of the Touareg nomads of Mali. These people literally grew up with Stratocasters strapped to their backs alongside Kalashnikovs. They are guitar masters who have merged traditional Touareg music with the sounds they found on cherished western cassettes by groups Led Zeppelin and Santana. The result is exotically hypnotic, reminiscent of the stoned cadences of Coltrane, and the improvisational magic of Jerry Garcia. Imidiwan: Companions is Tinariwen's fourth western release. It was recorded in a rented adobe hut in the village of Tessalit. Deadhead nirvana.

Graham Rockingham/for Metro Canada

Mute Math

Album: Armistice
Label: Warner
Rating: 🌐🌐½

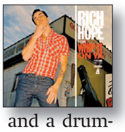


THREE YEARS AGO Mute Math hit the Billboard charts thanks to their anthemic U2-ish self-titled debut. Today, though, the group is an experimental rock outfit that prefers complex vocal melodies to soaring hooks and strings, synths and spacey sounds to their more straight forward pop. You have to commend the band for changing gears — it's definitely a more ambitious disc — but it's tough to follow at times. The more mid-tempo tunes, like Pins and Needles and Goodbye does recall the band's last disc, so there's still something for their original fans.

Bryan Borzykowski/for Metro Canada

Rich **Hope**

Album: Rich Hope is Gonna Whip It on Ya
Label: Sandbag/Fontana North
Rating: 🌐🌐🌐½



RICH HOPE NEEDS only an electric guitar, harmonica, a few overdubs and a drummer named Adrian "the Cleethorpes Crasher" Mack to remind us how good authentic R&B-tinged rock 'n' roll can be. This music is raw, ragged and reeking of leaky oil pans. Hope, an Edmonton native, wears his influences on his sleeve — Son House, Hound Dog Taylor, Bo Diddley, '60s R&B singer Don Gardner and guitarist Gordie Johnson (Big Sugar, Grady). This album has the taste of Jack Daniels and the feel of the Burnaby, B.C., basement it was recorded in. If only rock 'n' roll was always this simple.

Graham Rockingham/for Metro Canada

Listen to this week's reviewed music at
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FORT MCMURRAY - Sawridge Hotel and Conference Centre, 530 Mackenzie Boulevard, **Date:** Aug 19th, **Time:** 8am to 9pm **(By Appointment only)**

EDMONTON - West Harvest Inn, 17803 Stony Plain Road NW, **Date:** Aug 19th, **Seminar Times:** 10am and 4:30pm, **Meetings by appointment 8:30am to 7pm**

CAMROSE - Norseman Inn, 6505 - 48 Ave, **Date:** Aug 20th, **Seminar Time:** 8:30am

CALGARY - Quality Hotel Airport, 4804 Edmonton Trail N.E., **Date:** Aug 22nd, **Seminar Times:** 10:30am and 4:30pm, **Meetings by appointment 8:30am to 6:30pm**

SASKATCHEWAN - Saskatoon, Best Western Harvest Inn, 1715 Idylwyld Dr N, **Date:** Aug 23rd, **Seminar Time:** 4:30pm, **Meetings by appointment from 11am to 6:30pm**

Call any number below to book your seat for seminar or for an individual appointment
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Daddy Knoxville

Johnny Knoxville has confirmed that he and girlfriend Naomi Nelson are expecting. “It was reported today that my girlfriend Naomi Nelson and I are having a baby and I gotta say that’s true. Woohoo!!!” he writes on his blog. USMAGAZINE.COM

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Post Grad experience

Gilford, Bledel cherish chance to act with veterans

NED EHRBAR
Metro World News

Movie **feature**

Before Zach Gilford landed the role of the best friend and eventual love interest to Alexis Bledel in Post Grad, he had to prove to the filmmakers that he and his prospective leading lady worked well together on screen.

“I had to go in with Alexis for a ‘chemistry read,’” Gilford remembers. “And I thought she hated me.”

Bledel, small and soft-spoken in person with piercing blue eyes, has to stop the interview right there. She turns to to Gilford. “Why did you think that?” she asks, sounding concerned.

“Because you’re shy,” he says.

Bledel had to shed that shyness for Post Grad, in which she stars as recent college grad Ryden Malby, whose plans are derailed when she doesn’t land her dream job. Moving back in with her parents, Ryden suffers through a host of indignities in interviews and odd jobs, all the while ignoring the gorgeous guy right in front of her.

Alexei Bledel plays a college grad and Zach Gilford her love interest in Post Grad, which also stars Michael Keaton and Jane Lynch.

“She’s very distracted,” Bledel explains. “I would say damagingly so.”

Playing the lead in a film like this was an opportunity Bledel didn’t want to miss. “It’s rare to read a script with a female protagonist in this age group,” she says.

Another reason both actors were eager to jump on board was the impressive supporting cast. Rounding out the Malby clan are Michael Keaton, Jane Lynch and Carol Burnett. Keaton in particular was a standout for the young stars.

“I had such a good time working with him,” Bledel says. “He was ab-libbing so much, I couldn’t keep a straight face. I ruined so many of his great takes by just losing it.”

Gilford could barely concentrate around the veteran actor.

“I felt like a total dork around Michael Keaton. I was totally star-struck,” he admits. “I’d be having a talk with him about something totally normal, and in the back of my head I’d be like, ‘I’m talking to Batman.’ I wanted to be like, dude, Christian Bale is a chump. You are Batman.’”

Gilford thinks about this for a moment before adding, “Don’t tell Christian Bale I said that.”

Though they couldn’t have possibly seen the recession coming when they made the movie, both stars admit it’s only made Post Grad more timely.

“The timing’s kind of crazy,” Gilford says. “I mean, it’s always kind of an appropriate thing. That’s what a lot of people go through when they finish school. But now it’s just, like, everybody’s going through that. There’s a lot fewer people that have their path actually set up for them.”

- Post Grad opens in theatres tomorrow.

	CA	Vu	SC		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
8/20/09 primetime	267	351	-	ACCESS	Alberta Primetime (Live)		Samantha Who	Samantha Who	Private Practice		(9:58) Grey’s Anatomy		Primetime
	243	317	3	CFCN	etalk	Hollywood	The Listener (N) (DVS)		CSI: NY		CSI: Crime Scene Invstgtn.		News
	-	-	4	OMNI	Two/Half Men	The Simpsons	Omni News: S. Asian Edition		Omni News: Cantonese Edition		The Simpsons	King	Metropia
	-	371	5	KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Who Wants to Be a Millionaire		Grey’s Anatomy		Practice
	245	306	6	CBRT	Coronation St.	Jeopardy!	Doc Zone (HDTV) (DVS)		Spies Who Came		CBC News: The National		The Hour
	244	338	7	CICT	ET Canada	Entertainment	House (N)		Big Brother 11		The Office	The Office	News Hour
	246	-	8	CKAL	Law & Order: SVU		Law & Order: UK		Who Wants to Be a Millionaire		30 Rock	30 Rock	Your City
	119	705	9	CBXFT	Des squelettes	Gars fille	Perdus (SC)		Bons baisers de France (SC)		Le Téléjournal et Les Nou		TJ Alberta
	-	-	10	SHAW	(6) Local Programming						Local Programming		
	-	372	12	KREM	News	Hollywood	The Doctors		Big Brother 11		CSI: Crime Scene Invstgtn.		The Mentalist
	-	374	14	KSPS	NewsHour With Jim Lehrer		Discovering Secrets of Vatican		Casebook-Sherlock Holmes		MI-5 “Outsiders”		Soundstage
	502	390	15	CBC	CBC News: The National		The Nature of Things		CBC News: The National		CBC News: The National		Nature-Things
	-	370	16	KHQ	News	Be-Millionaire	Jeopardy!	Wheel-Fortune	30 Rock	Parks-Recreat	The Office	30 Rock	Law & Order
	-	373	22	KAYU	NFL Preseason Football: Eagles at Colts				Paid Program	King of the Hill	Raymond	The Simpsons	News
	297	652	37	WPIX	MLB Baseball: Braves at Mets		PIX News at Ten Tong.		Two/Half Men	Friends	Sex and-City	According-Jim	Friends
news	500	500	29	CNN	Larry King Live (N)		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360
	508	502	31	CNN2	Jane Velez-Mitchell		Nancy Grace		Showbiz Tonight		Jane Velez-Mitchell		Nancy Grace
sports	400	400	21	TSN	WTA Tennis: Rogers Cup		SportsCentre (HDTV) (Live)			Off the Record	ATP Tennis: W&S Financial Group Masters		
	408	418	27	net	MLB Baseball		Sportsnet Connected (HDTV)		Beach Volley.	Beach Volley.	Sportsnet Connected		MMA Conn
	410	403	30	SCORE	Poker Asian Pacific Tour.		Score Tonight		Final Score	Final Score	Final Score	Final Score	Final Score
	411	457	44	OLN	Survivorman		Ghost Hunters		Bounty Hunter	Bounty Hunter	Survivorman		Ghost Hunters
	417	406	48	SPEED	Jacked! (N)	Jacked! (N)	Wrecked (N)	Wrecked	Pimp My Ride	Pass Time	Pinks -- All Out (HDTV)		Jacked!
family	552	543	20	YTV	iCarly (N)	iCarly	Drake & Josh	Family Biz	Malcolm-Mid.	Futurama	In Real Life		Falcon Beach
	557	541	39	FAM	Zoey 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned’s School
	555	545	67	TOON	Ben 10	Johnny Test	Jimmy Two	Total Drama	6TEEN	6TEEN	Futurama	*Appleseed* ★★ (2004)	
cable variety	575	583	11	CMT	Reba	Reba	Hope & Faith	Hope & Faith	Karaoke Star “Kelowna”		Home Improve.	Home Improve.	Reba
	553	546	17	TREE	Little Bear	Maggie-Beast	Comfy Couch	Zigby	Max & Ruby	Babar	Backyardigans	Ni Hao, Kai-lan	Go, Diego, Go!
	-	-	18	CHTV	The Insider (N)	E! News	True Hollywood Story (N)		How I Met	’Til Death	The Beast (N)		CHCA News
	505	398	19	TWN	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	602	568	23	W	Style by Jury	Style by Jury	Style by Jury	Friends	Divine Design	House	Confidential	Save Us-House	Divine Design
	521	560	24	TLC	Police Women of Broward		LA Ink “Feelings Rule”		Police Women of Broward		LA Ink “Feelings Rule”		Police Women
	603	561	25	FOOD	Jamie’s Kitchen		Ace of Cakes	Ace of Cakes	Boys Weekend	The Wild Chef	Unwrapped	Unwrapped	Jamie’s Kitchn
	615	520	26	A&E	The First 48 (HDTV)		The First 48 (HDTV)		Crime 360 (HDTV)		The First 48 (HDTV)		The First 48
	617	522	32	SHOW	Trailer Park	Trailer Park	The Outer Limits		Love-Death	Love-Death	*The Perfect Child* (2007, Drama)		
	601	562	33	SLICE	Last 10	10 Pounds	Bulging Brides	Bulging Brides	ET Canada	Til Debt-Part	Real Housewives OC		Trading Sp
	-	633	34	ENC2	*Something*	*Hatley High* ★★ (2003, Comedy)			*Big Daddy* ★ (1999, Comedy) Adam Sandler.			(10:35) *High School High*	
	520	505	35	DISC	Sci-Trek “Volcanos”		MythBusters		Blue Realm		The Sun		Sci-Trek
	620	523	36	BRAVO	*Comeback Season* ★★ (2006, Comedy-Drama) Ray Liotta.				Law & Order (Part 2 of 2)		Without a Trace		*Just a Little*
	294	650	40	WPCH	Friends	Friends	*Clear and Present Danger* ★★★ (1994, Suspense) Harrison Ford, Willem Dafoe.						Seinfeld
	626	547	41	COM	Laughs	Comedy Now	Air Farce	22 Minutes	22 Minutes	Corner Gas	The Simpsons	South Park	Comedy Now
	-	539	42	TCM	*Smiling Lieut.*	(7:45) *Trouble in Paradise* (1932, Comedy)			(9:15) *Design for Living* ★★ (1933, Romance-Comedy)				*Barbary Coast*
	628	584	43	SPIKE	TNA iMPACT! (HDTV) (N)				Scariest Police Chases 3		Midnight	GameTrailers	MANswers
	522	516	45	HIST	Unlocking the Past		NCIS “Chimera”		Ancient Discoveries		Unlocking the Past		NCIS
	627	528	46	SPACE	*Jason X* ★ (2002, Horror) Lexa Doig, Lisa Ryder.				Stargate SG-1 (DVS)		Star Trek: Next Gener.		Trek: Voyager
	-	-	47	AMC	(6) *Patton* ★★★★ (1970, Biography) George C. Scott, Karl Malden, Michael Bates.						*Butch Cassidy and the Sundance Kid*		
	619	525	49	TROP	Office Temps		Traders		Inside Hollywood		Stunt Stars “The 4400”		Family Guy
	600	564	50	HGTV	Disaster DIY	Big Amazing	House Hunters	House Hunters	Holmes on Homes		Disaster DIY	Big Amazing	Handyman
	501	391	52	CTV	CTV News Tonight		News	CTV News	News	CTV News	News	CTV News	News
	504	508	70	BNN	Taking Stock		Market Call		Headline	Market Call	Commodities	Business News	Taking Stock
	526	507	92	VIVA	The Closer “Flashpoint”		Passion	Homicide File	Psychic Inv.	Encounters	Judging Amy		Most Haunted
	269	350	93	APTN	Warriors: TKO	Wapos Bay	By the Rapids	renegadepress	*Seven Times Lucky* ★★ (2004, Crime Drama) Kevin Pollak.				Tears
	-	-	94	MCP	World News	News	Banquet	Kingdom-Wind	Vancouver	Bahadur-Zafar	Dheeyan Ghar	Sadabahar	Rang Barangi
	571	581	100	MMM	mmtop10.ca		Entourage	Gene Simmons	The Daily Fix		Celebrity Rehab With Dr. Drew		Entourage
	570	580	101	MM	America’s Best Dance Crew		On Set	Degrassi: TNG	Video on Trial	Video on Trial	America’s Best Dance Crew		One Tree Hill
	581	566	102	MTV	True Life		Nitro Circus	Fantasy Fact.	MTV Live	After	The Real World		Nitro Circus

critics’corner

Jason X
Begone! A pox on you! Anything to make it go away! And that includes not only the character but any movie series that goes beyond three films and isn’t about Harry Potter. Kane Hodder stars as the masked murderer of “Friday the 13th” fame who is now living aboard a spaceship in the 25th century. Naturally, that ship is populated with too-stupid-to-live young people. So they don’t. Live, that is. 7 PM on SPACE

Karaoke Star
On “American Idol,” Simon Cowell’s “That performance sounded like karaoke” isn’t a compliment. This competition, however, is all about singing karaoke. Contestants chosen in auditions across Canada show off their singing skills, and viewer votes pick one finalist from each audition city to compete on the season finale. Those who can’t audition in person can do so online for a chance to become a Karaoke Cyber-Star and take part in the finale. 5 PM on CMT

In **brief**

SCRIPT ABC has picked up the script Clive Barker’s Hotel from Saw screenwriters Marcus Dunstan and Patrick Melton. The network bested Fox and several other networks eyeing the Warner Bros. TV project. The script centres on a series of ghoulish incidents at a haunted hotel. Horror maven Barker is attached as a producer, and filmmaker McG could come on board as a director if the project moves forward.

CASTING Mad Men star Jon Hamm has joined the cast of Sucker Punch, an action fantasy that Zack Snyder (Watchmen) is directing. Hamm joins Emily Browning, Vanessa Hudgens, Jamie Chung, Jena Malone, Abbie Cornish and Carla Gugino in the 1950s-set tale of a girl (Browning) confined to a mental institution by her stepfather, who intends to have her lobotomized. She and her friends enter an alternate reality where they begin planning an escape.

FILM Actress Jaime King has her cards and flowers ready for Mother’s Day, Darren Lynn Bousman’s remake of Charles Kaufman’s 1980 Troma cult classic. Shawn Ashmore, Briana Evigan, Alexa Vega and Matt O’Leary are in talks to join the production. The original Mother’s Day revolved around three female friends who, while camping, run afoul of two brothers who engage in murder and rape to impress their deranged mother. REUTERS

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★★★★★

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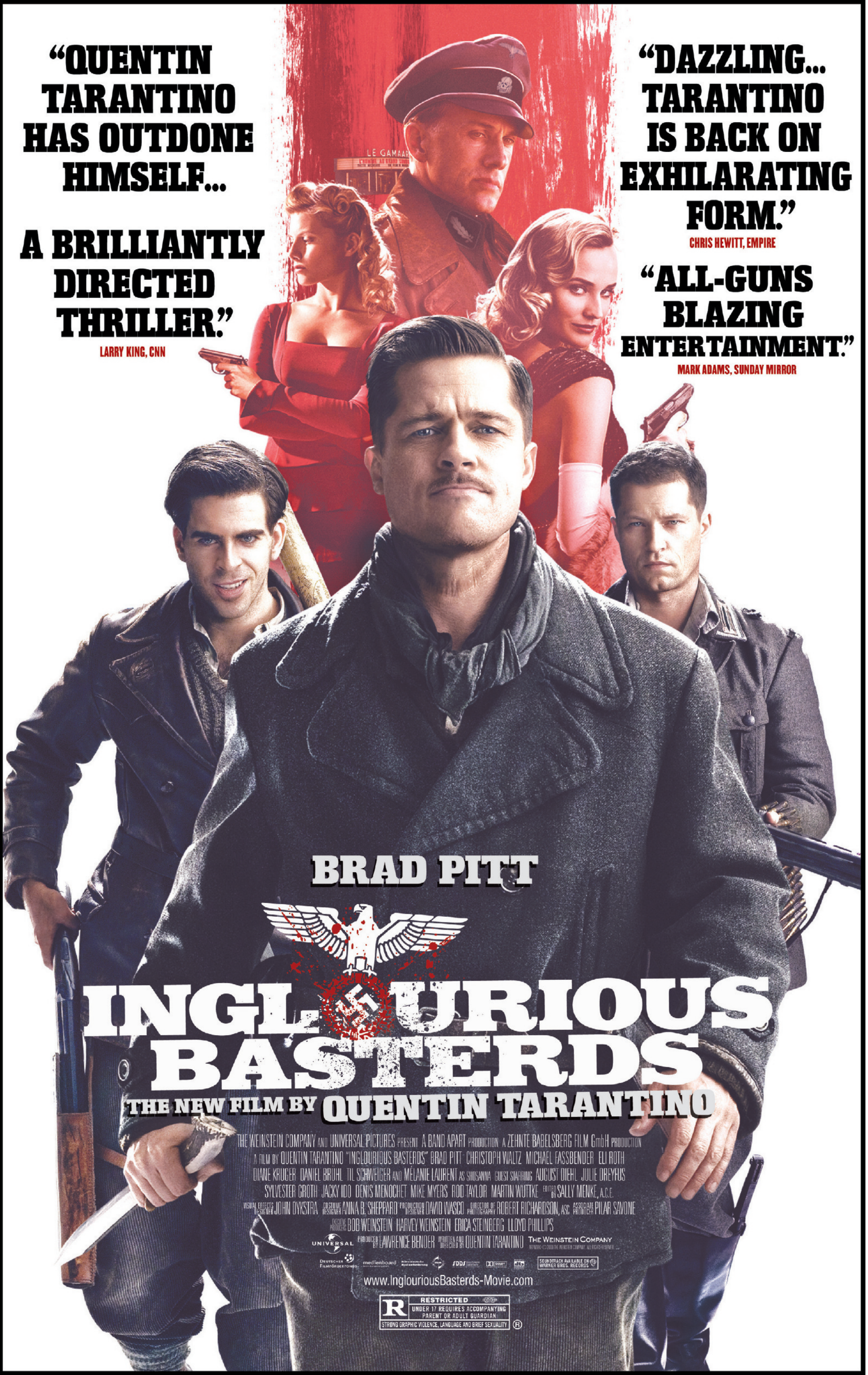
ROBBIE COLLIN, NEWS OF THE WORLD


"QUENTIN TARANTINO HAS OUTDONE HIMSELF...
A BRILLIANTLY DIRECTED THRILLER."
LARRY KING, CNN
"DAZZLING... TARANTINO IS BACK ON EXHILARATING FORM."
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Pregnancy's hard for everyone, even David

Actor David Boreanaz has been having a rough go since his wife Jaime Bergman became pregnant in March: "Jaime's pregnant, we're doing construction at the house, and I'm just pulling my hair out," he told People. **METRO NEWS SERVICES**

Celebrity Buzz

Hey Twilight fans: Rob is single

THE LINE STARTS TO THE LEFT Good news, Robert Pattinson fans: He's not dating anyone, people.com reports.

At least that's what the Twilight actor, who only days ago was seen getting cozy with co-star Kristen Stewart, wants Britain's Daily Mirror to believe. "I don't have a girlfriend," he claimed. "I don't know why."

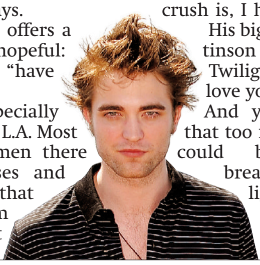
Pattinson, 23, appears surprised at this turn of events. "You always think you're going to get more girls after you've made a movie and it never happens," he says.

Pattinson offers a tip to the hopeful: He doesn't "have a type."

"It's especially different in L.A. Most of the women there are actresses and by default that makes them a little bit nuts — not that that's a bad thing," he observed. "Whenever I get asked who my favourite celebrity crush is, I have no idea."

His biggest fear, Pattinson said, are "the Twilight Moms who love you like moms! And you can take that too far. I mean, it could be 'Edward breaks up Twilight family.'"

METRO NEWS SERVICES



Paris not reason for film flop: Judge

LEGAL WIN A court has ruled Paris Hilton was not at fault for her film flopping, femalefirst.co.uk reports.

The socialite was sued by Worldwide Entertainment Group for allegedly breaching her contractual commitments for movie National Lampoon's Pledge This!, but a Miami judge has ruled she did her best to promote it, stating the movie was "hardly destined for critical acclaim."

Judge Federico Moreno said: "The movie flopped because the film's inexperienced producers hastily cobbled together a wholly inadequate marketing plan. They sent scattershot requests to their principal star in the hope she could find time to promote a sinking ship."

While Hilton won't have to pay the $8.3 million US in damages the producers were asking for, she may have to return the $1-million fee she was given for the film. A receiver representing the producers has been given until Aug. 26 to submit arguments as to why the blonde star should pay back the sum.

METRO NEWS SERVICES

GETTY IMAGES

Mimi delays album release

CAREER MOVE? With her new album's first single not performing so well, and rival Whitney Houston putting out a new record, Mariah Carey has pushed back the release of her new album, Memoirs of an Imperfect Angel, to after the deadline for Grammy consideration — though pals are trying to spin it in her favour.

"Mariah's been shafted so many times before that it's like a big 'kiss my butt' to the Grammy folks," a source told Gatecrasher. "She doesn't need the awards, because her career is already so successful." Carey has received five trophies and 21 nominations.

METRO WORLD NEWS

Spike throwing MJ party

IN TRIBUTE Spike Lee is planning a big party for Michael Jackson on the late singer's 51st birthday, and everyone's invited. The director felt it important to memorialize Jackson, he explained to the Washington Post.

"We're of the same era," Lee said. "I wanted my afro to be perfectly round like Michael's." The celebration, free and open to the public, will take place Aug. 29 in Brooklyn's Fort Greene Park. "It's going to just be how we do it, Brooklyn-style, I'll leave it at that," Lee said. "It's going to be a joyous, festive, celebratory party."

METRO WORLD NEWS

Survivor Richard in jail again

MYSTERIOUS CIRCUMSTANCES Survivor winner Richard Hatch found himself back behind bars hours after appearing on The Today Show to talk about his four years in prison for tax evasion, MSNBC.com reports.

Popeater.com says when police took the reality star into custody at his sister's Rhode Island home, Kristin Hatch says heard the officer say he was going back to jail because he did an interview. However, both NBC and Hatch himself say the Federal Bureau of Prisons approved the interview.

Even Hatch's lawyer doesn't know why he's been jailed: "I'm so sorry to say I don't know what the grounds are," Cynthia Ribas said.

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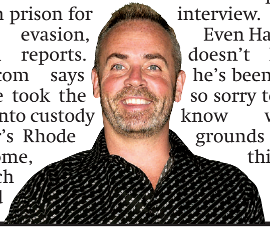

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1	2	3	4	■	5	6	7	8	■	9	10	11
12				■	13				■	14		
15				16					■	17		
18						■	■	19	20			
■	■	■	21		■	22	23				■	■
24	25	26		■	27			■	28		29	30
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47			■	48	49	50						
51			■	52				■	53			
54			■	55				■	56			

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14 Playwright Levin
15 Victoria Beckham, e.g.
17 Snip
18 Plays for time
19 Strike zone's lower boundary
21 Exist
22 Sits for the paparazzi
24 Joker, e.g.
27 Scepter topper
28 Horse's halter?
31 Kyoto cummerbund
32 Pirouette pivot
33 Resistance measure
34 Wear a rut in the rug
36 Wall climber
37 What 28-Across means
38 Obliterate
40 Tagged player
41 Sunrises
43 With hands on hips
47 — Baba
48 Trite
51 Director Howard
52 Affluent
53 Gunk
54 Ball-bearing item
55 Curved molding
56 His and

DOWN

1 Parker who played Daniel Boone
2 Engrossed
3 Met melody
4 Nude
5 Marshy areas
6 Swiss canton
7 "— the fields we go"
8 Whites' counterparts
9 Basketball "bravo"
10 Verifiable
11 Milliner's wares
16 Shade source
20 Just out
22 Verify
23 Do as you're told
24 Officer
25 "The — Daba Honeymoon"
26 Sake
27 Elevator name
29 "Looky here!"
30 Pump up the volume
35 Sea eagle
37 Sew
39 Jetsons' dog
40 Eisenhower
41 Pub missile
42 Lotion additive
43 Rue the run
44 Oliver's request
45 Astigmatism factor
46 Probability
49 False hood?
50 Capades venue

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	9	5	6			1		
	3			4		2		
	6		3		7			
			8				4	
1			5		4			2
	7				6			
			9		1		2	
		6		3			8	
		2			5	7	3	

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

P	O	D	S	■	S	O	W	■	I	T	E	M
A	R	E	A	■	P	H	I	■	M	E	S	A
T	E	A	S	P	O	O	N	■	B	A	S	S
H	O	N	S	H	U	■	G	A	R	R	E	T
■	■	■	Y	E	S	■	S	P	U	D	■	■
H	A	T	■	W	A	D	■	E	E	R	I	E
I	D	E	A	■	L	O	U	■	S	O	R	T
P	S	A	L	M	■	E	N	D	■	P	E	A
■	■	C	L	A	D	■	H	O	G	■	■	■
A	D	H	E	R	E	■	E	R	A	S	E	R
B	R	I	G	■	T	E	A	M	M	A	T	E
L	A	N	E	■	E	R	R	■	I	N	N	S
E	G	G	S	■	R	E	D	■	N	E	A	T

8	7	9	6	1	2	5	4	3
3	2	6	5	8	4	7	9	1
4	1	5	9	3	7	8	6	2
7	4	3	8	9	6	2	1	5
6	9	1	3	2	5	4	7	8
5	8	2	7	4	1	9	3	6
9	6	8	2	7	3	1	5	4
2	3	4	1	5	9	6	8	7
1	5	7	4	6	8	3	2	9

On the web

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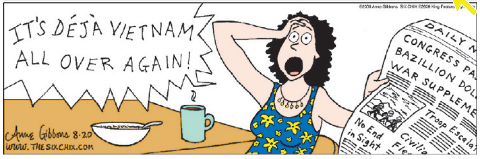

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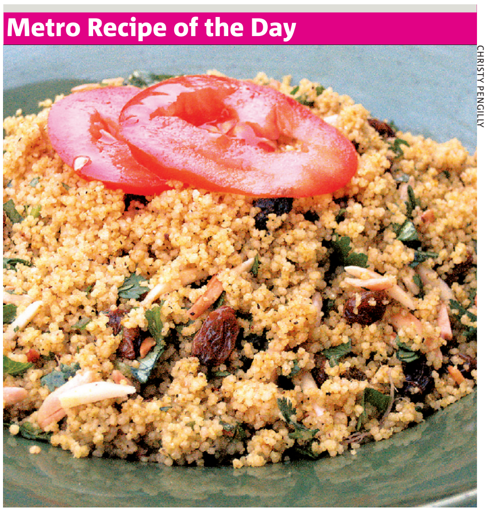
Metro Recipe of the Day



CHRISTY PENGILLY

Quick Curried Couscous

Submitted by Patricia Smith, Toronto

INGREDIENTS:

1 1/2 cups couscous
3 cups chicken stock OR water
1 tablespoon curry powder
1 teaspoon salt
1 teaspoon ground black pepper
2 tablespoons extra-virgin olive oil
1/2 cup raisins
1 bunch parsley OR cilantro, chopped
1/2 cup slivered almonds

METHOD:

Pour couscous into a bowl. Lightly toast almonds in a dry pan. Mix chicken stock, curry powder, salt, pepper and raisins in a saucepan and bring to a boil; remove from heat. Pour the boiling liquid over the couscous. Seal top of the bowl with plastic wrap and allow to sit for 10 minutes. Fluff couscous with a fork and toss with olive oil. Top with cilantro and almonds.

SERVES 6

PREP TIME: 5 MINUTES

COOK TIME: 15 MINUTES

Weekly winners

- Exclusive contest for Metro readers! Visit 20minutesupperclub.com/metro and be entered to win a $50 President's Choice gift certificate to stock your cupboards with delicious PC products. For product information and store locations, visit PC.ca. A weekly winner will be drawn from now until the end of October.

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Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES
MARCH 21-APRIL 20
You will recover quickly from the effects of yesterday's Mars-Uranus aspect and by the end of the day you'll be back to your best.

TAURUS
APRIL 21-MAY 21
Family matters must come first. No matter how pressed you may be on the work front you must make time for your nearest and dearest.

GEMINI
MAY 22-JUNE 21
You have a lot to say for yourself and today's new moon in the communications area of your chart will encourage you to be even more outspoken.

CANCER
JUNE 22-JULY 22
Others will offer to do things for you today but if you are smart you will insist on doing them for yourself.

LEO
JULY 23-AUG 23
Everything will fall into place over the next few days, so stop worrying about whether or not you are doing the right thing.

VIRGO
AUG 24-SEPT 22
This is a frustrating time for you but don't despair because an upturn in your fortunes will be evident in a matter of days.

LIBRA
SEPT 23-OCT 23
The world needs people who are not afraid to speak up and that's exactly what you will be doing today.

SCORPIO
OCT 24-NOV 22
You will be in the public eye today. You have something important to do on the work front, something only you have the guts to attempt.

SAGITTARIUS
NOV 23-DEC 21
Cosmic activity in your fellow Fire sign of Leo means you feel a lot more confident about your beliefs. Don't be afraid to express your opinions.

CAPRICORN
DEC 22-JAN 20
You may be one of the more ambitious and worldly signs of the zodiac but today you need to spend time by yourself.

AQUARIUS
JAN 21-FEB 18
Partnerships and relationships are of extra importance at the moment and if you have fallen out with someone close, now is the time to approach them.

PISCES
FEB 19-MARCH 20
Think twice before changing tried and trusted methods to do with your health. Avoid fashionable cures.

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